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BY LOCAL CHOICE 2016

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3rd, 4th, 10th, 11th, 17th - 23rd

December. 10am until 9pm

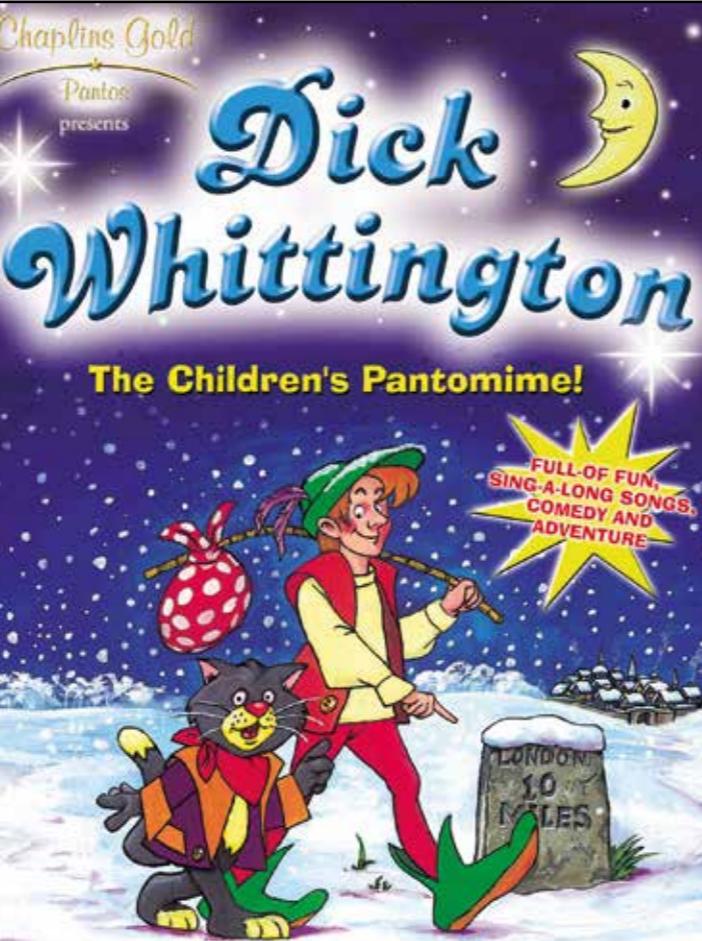
Entrance: £5 Adults, £3 Children,

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The Children's Pantomime: **Dick Whittington**

22nd December 5pm. Tickets:

£6.95 Please call 015395 58116
(duration: 2 hours)



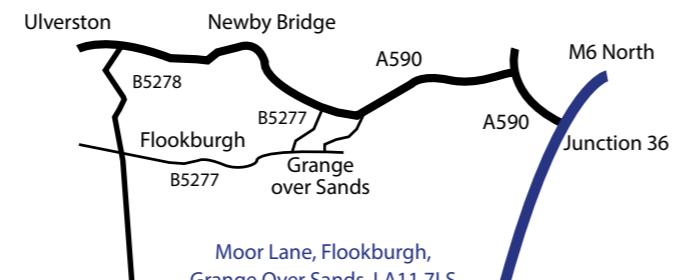
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22nd December 5pm

Tickets at £6.95

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As Christmas Day fast approaches, don't leave it too late to start on your Christmas shopping – as the more time you give yourself, the more you will enjoy the festive experience.

Whether you are looking for the perfect present for someone you know, a friend or relative, or even that special little something for your own Christmas wish-list, then our Local Choice Christmas Guide is here to give you all the ideas you will need to make this Christmas an enjoyable one.

With hundreds of gift items, the latest must have gadgets and lots of ideas and places to visit for all the family, I'm sure that you will enjoy reading our new magazine. Why not try to relax and enjoy reading it at home, maybe in front of a roaring log fire, or with a warm glass of mulled wine, to really get you into the festive spirit.

Merry Christmas everybody, let's make it a good one.



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Even the most organised of people struggle when it comes to buying gifts.

18. HEALTH & BEAUTY

Need some tips for this years Christmas party? Look no further!



24. FOOD & DRINK

Christmas Dinner is a wonderful way to celebrate the day.



30. EVENTS

Find all the local events here for Christmas 2016

To advertise in The Christmas Guide next year please telephone our sales team on 01524 825600.

The Christmas Guide is published by Local Choice, The Old Station, Coastal Road, Hest Bank, Lancaster LA2 6HN

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CHRISTMAS GIFTS



Let me guess, Christmas is right around the corner, you have lots of people to buy for, no budget set and no idea what to buy. Trust me, you are not the only one! Even the most organised of people struggle when it comes to buying gifts. You've bought mum perfume for 3 years in a row, dad has been getting designer socks ever since he can remember and you stock up on chocolates for all aunties and uncles. This year it's time to change it up! But don't worry, we've put together a handy guide to buying thoughtful and special gifts for all the important people in your life.

FOR HER

The Busy Lady - She is always rushing from meeting to meeting, goes to the gym 4 times a week, always looks fantastic and generally seems to have her whole life planned. Three perfect gifts for this lady are a fancy diary, a new handbag, or a new scarf and gloves set to keep her toasty while rushing around in the colder weather. She will use all these items and will be sure to be excited when unwrapping any of these gifts!

The Fitness Fanatic - She does yoga on Monday, runs on Tuesday, swims on Wednesday and hikes on Thursday. Whenever you go to dinner with this lady you can be sure there will be plenty of veggies on her plate. Trust me, a new pair of trainers is the way to this girl's heart, pop in a pair of yoga pants and a trendy sports bottle and you're on to a winner.

The Beauty Queen - This girl is the definition of glamour and style, she knows all the trends before they even hit the catwalk and her makeup is flawless 24/7. What do you get the girl who knows all the styles and seems to have everything? A brand new pair of hair straighteners or a hairdryer is always useful to the beauty queen. Another fantastic gift would be makeup brushes, there are always new innovative brushes on the market with fancy designs that beauty fanatics will appreciate. Pamper days and treatments are always a hit too.

The Student - These girls have been studying hard all year and trust me when I say this - they need relaxation during the festive period. Comforting scented candles, luxurious bath oils and a super cosy fishtail blanket are just what they need. They will thank you for such a thoughtful gift.



FOR THE LITTLE ONES

Baby's First Christmas - Babies love colourful and exciting toys, such as colourful bath toys or a cuddly plush that makes plenty of different noises and has different textures, to enhance the baby's senses. If the baby has just far too many toys, a lovely gift would be pyjamas, or a cute winter outfit. The baby will look adorable, and parents will appreciate this!

1 - 2 Years - Suddenly they are crawling and walking round and enjoy making a mess and causing havoc. The perfect gift for these little toddlers are activity centres, with blocks, sounds, shapes and colours to promote learning and curiosity. This is healthy for the baby's mind and great fun too! If these are out of the price range, fun interactive gadgets like toy phones are loved by children of this age too.



FOR HIM

The Businessman - Very similar to the busy lady. Always on business trips in different cities and countries and has amazing stories of people he's met. His luggage needs to be replaced all the time as it gets so beat up, so a nice holdall or wash bag will always be appreciated, as well as a super soft neck pillow or a fancy wallet - He'll think of you every time he uses it!

The Gamer Guy - Two words... Beanbag Chair. Easy to move round when playing on his PlayStation or Xbox and is a comfy way to enjoy gaming. In addition to this, a new game for his console will also be appreciated by this guy. A t-shirt relating to his favourite game would also make a cool and thoughtful gift.

The Foodie - He knows all the hotspots to eat and cooks amazing stir-fry, this guy is always hungry and the closest takeaway has been on speed dial ever since he had a phone. An obvious gift is to buy this food lover vouchers for his favourite restaurant, but if you're looking for something slightly more personal, a food hamper of local produce is always a great idea.

The Literary Lover - Gets through 8 novels a month, can always be spotted at the library and attends a night-time science fiction book club. You would buy him a book, but let's be real, what will he not have already read? A fantastic festive hit would be a Kindle, so he can read on the go, or a bookish gift such as a special leather bookmark, or a journal to document his reading in.

6-8 Years - At this age, children will usually have a very clear favourite character from his or her favourite cartoon, whether that is a Disney Princess or a Marvel Superhero. A gift that will make you popular at Christmas would be something themed. If they love comic books, a cool spiderman figure will make their day. Some popular toys this Christmas include Lego, Disney's Tsum Tsums and Shopkins.

9-11 Years - This age is all about getting the coolest new gadget or toy to show off to their friends, such as the latest console, the newest doll on the market, or a brand new pair of football boots. Asking their parents is usually the best idea - this way, you'll know exactly what they're hoping will be underneath the tree.

Teenage Years - Makeup is going to become increasingly popular with all the teens in your life, right about now! To avoid disappointment with your 14 year old cousin this year, invest in a makeup set, or their very own eye shadow palette. You can also never go wrong with a perfume/after shave set or a new pair of trainers. If makeup isn't their thing, shower gel sets are a big hit, or their own hair gel.

The thought you put into the gift is always much more important than the actual gift, and how better to say you appreciate someone than to buy them a bespoke gift from a local Christmas market with their name on, or a one-of-a-kind design? Check out markets and pop-up shops near you this Christmas to blow everyone away with fantastic gifts.

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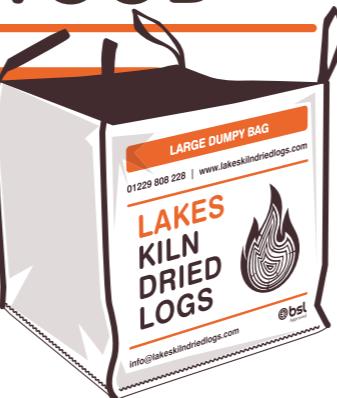
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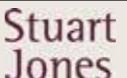
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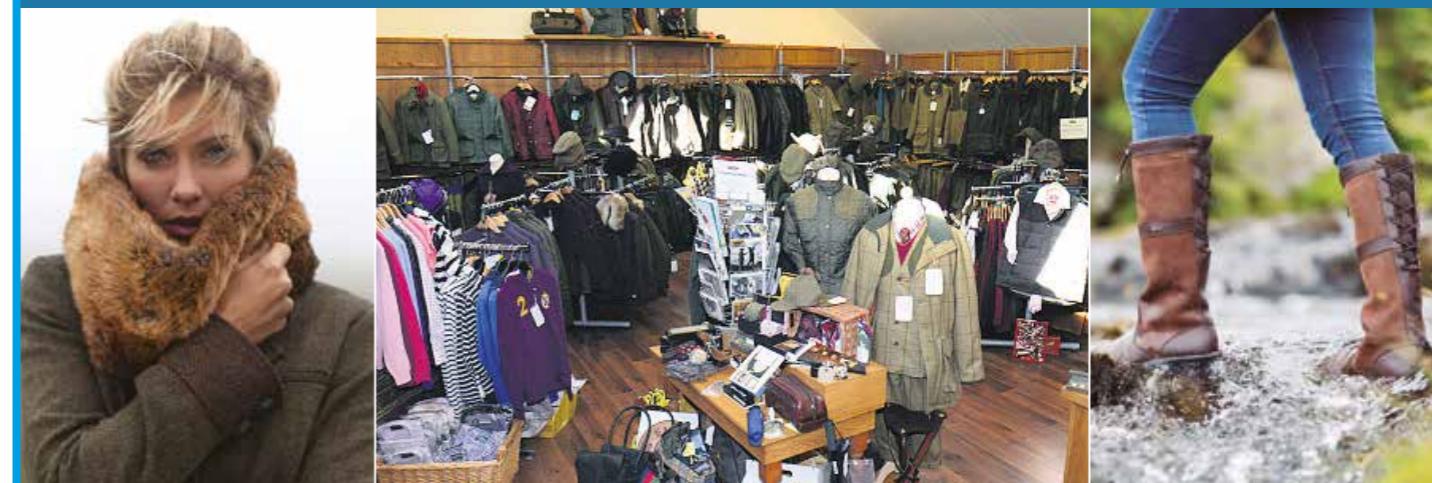
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HEALTH & BEAUTY

PARTY MAKE-UP

If you want to look beautiful this Christmas, you need to choose the right make-up. The key to looking fabulous for the festivities is to put on your eye shadow first. Then apply your foundation and any other make-up. This way any loose eye shadow can be brushed off and won't spoil that perfect foundation.

HAIR UP 'DO

It is such a busy time at Christmas and it can be difficult to find the energy to play around with hair styles. But if you want to look fantastic then one of the best tips you can master is the art of the simple up 'do. Try twisting one section from the front of your hair and pin into place at the back of your head. Do the same with the other side. Then take the rest of your hair and tie up in a messy bun. This look is quick, simple and elegant.

GLITTERY LIPS

Nothing says Christmas like glitter so splashing out on some glittery lipstick will definitely bring you some Christmas cheer. Line your lips with a nude coloured lip pencil and add foundation to the corners of your mouth. Using a lip brush, apply a creamy lipstick before adding on your glitter. Finish with a gloss to complete the look. The one thing you need to take into consideration if you are wanting glittery lips for Christmas is that drinking, eating and kissing may be off limits; so decide on your priorities before glittering up that pout.



FESTIVE DRINKS

Although you may like sipping a cocktail or two, your skin doesn't. Alcohol makes your skin dry and dull and leaves you dehydrated. To make sure you have glowing skin despite the endless flow of alcohol over the festive period your normal moisturiser will not be enough. Invest in some cleansing milk containing hyaluronic acid. You could also use a face mask which contains alpha-hydroxy acids, as this helps to destroy dead skin and moisturises and firms up the skin.

TIRED EYES

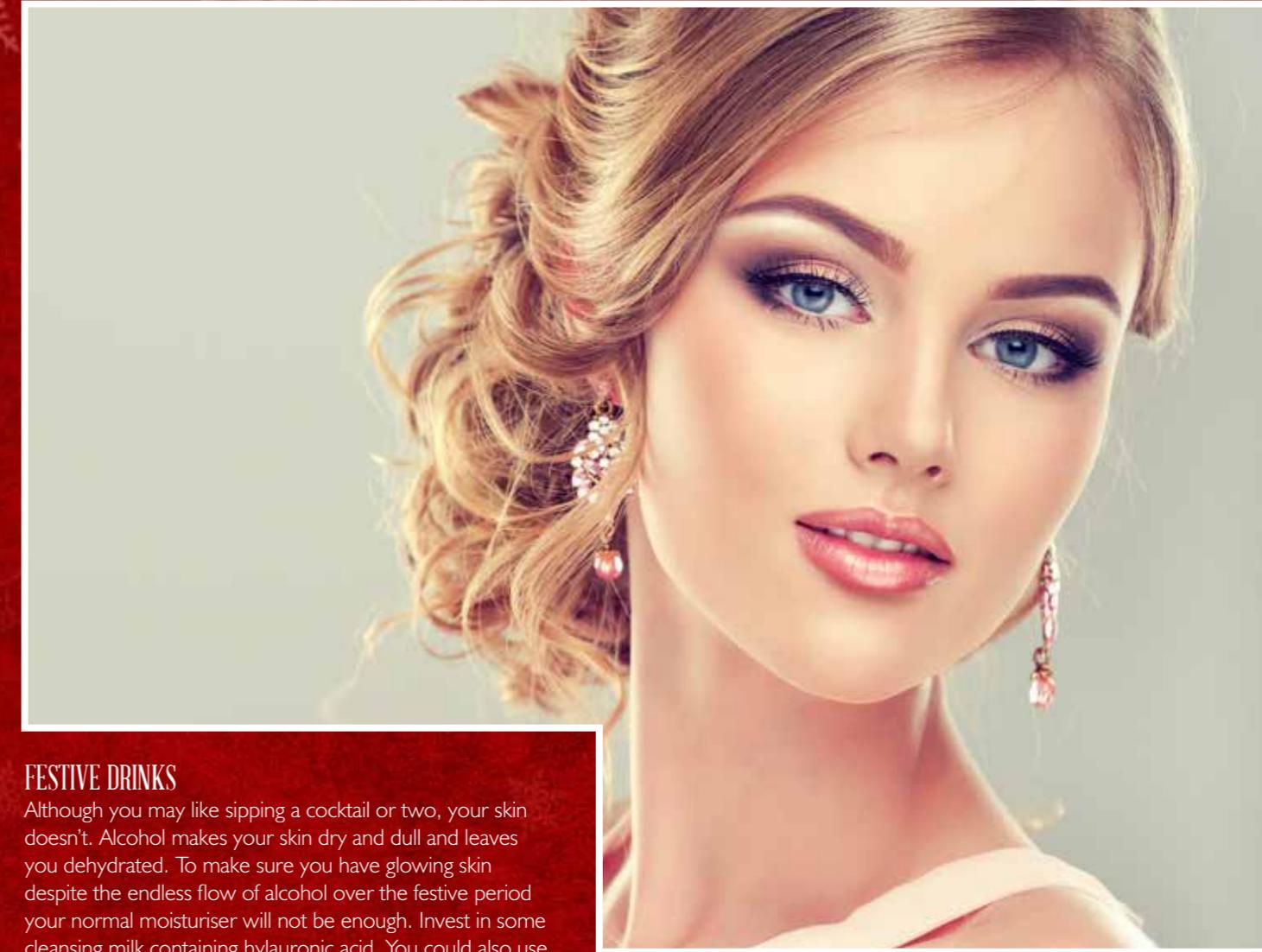
All those nights partying is bound to leave even young eyes looking tired. Stay looking bright and alert by giving yourself a little eye massage to get rid of those puffy eyes. Begin at the corner of one of your eyes and work your way up rubbing as you go until you reach the outer edge of your eye. Repeat along your lower lash line. Also, be careful about where you apply your blusher as applying it too high can make you look tired.

FLAT STOMACH

We have a few tricks that might make that desired flat tummy a little more achievable. Try taking aloe vera juice or peppermint capsules which both do a fantastic job supporting the digestive system preventing bloating which can help towards a flat stomach. You can also cut out foods that cause excessive gas and bloating. Try to limit things that contain refined sugar, or fermented products like alcohol and cheese.

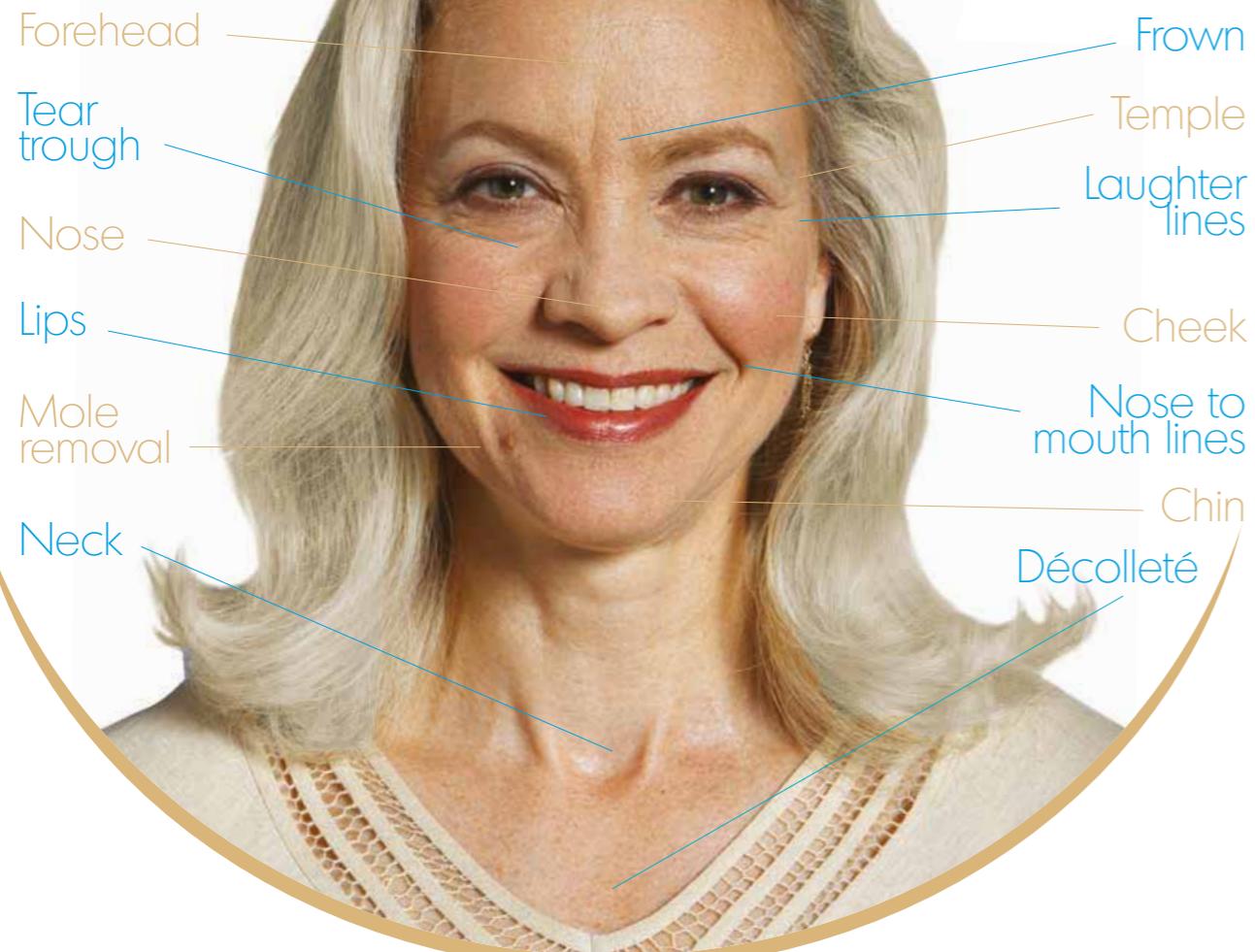
ENJOY YOURSELF

It sounds simple, but whatever you're up to this Christmas, make sure you spend time with people you like and who make you feel good about yourself. Having a fabulous time is the perfect beauty treatment because when you're having fun, it shows: your eyes shine, your skin glows and everyone warms to you.



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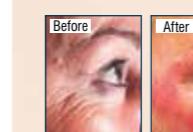
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Merry Christmas & Happy New Year

From everyone at St John's Hospice



Thank you for your support during our 30th anniversary year, we wouldn't be here without you. Here is to the next 30 years!

Find out how you can support your local hospice.
For all upcoming events, news, jobs
and volunteering opportunities please visit:-



St John's Hospice North Lancashire and South Lakes is a charitable incorporated organisation registered in England with charity number 1157030

Father Christmas

Is now busy working in his
grotto at Clapham's

INGLEBOROUGH CAVE

You are invited to visit him on:

Saturday 3rd December

Sunday 4th December

Saturday 10th December

Sunday 11th December

Saturday 17th December

Sunday 18th December

Children - £9.00 (inc present)

Adults - £6.00

Open from 11am til 4pm

We DO NOT take bookings, just turn up!

Sat Nav. LA2 8EA to Car Park in Clapham village (A65 Skipton road) walk up the
village and enter Ingleborough Estate Nature Trail (admission
65p & 35p) walk through the trail to the Cave (1.25m). Limited transport
will be provided (weather permitting) from the lakeside near the start of the
Nature Trail to and from the Cave. Access for single width pushchairs in the Cave.

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Looking after you.



SAME KITCHEN... DIFFERENT YEAR?

It's 6am and the kids are banging on the bedroom door, insisting they want to open their presents right now! Groggy eyed you make your way downstairs and Christmas Day begins. Every year is the same. The turkey is put in the oven, stuffing made, vegetables peeled. Every single year, something seems to go wrong with the dinner (Who forgot to pick up the turkey?!) Avoid the stress and book for the whole family to eat out and enjoy a hassle free Christmas dinner with all the trimmings (and no washing up). This doesn't need to be super expensive and is a wonderful way to celebrate the day.

WAYS TO KEEP THE KIDS OCCUPIED WHILE OUT FOR DINNER

They've gotten so many toys they don't know what to play with! When leaving the house allow them to take one toy each, whether that's a doll, a toy car or a plush toy. This will keep them occupied while waiting for their dinner. Another great way to keep them occupied while you're there is to create some fun christmas games, such as a quiz, puzzles, colouring, or who can come up with the catchiest Christmas song, creating a lovely family feel to your lunch.

BUT IT'S SO BUSY!

Make sure you book in plenty of time, places can book up quicker than you think, and some restaurants even offer the service of being able to order your food in advance from a set menu, so it's prepared and won't be long after you arrive until you're tucking in to a tasty Christmas lunch. Picky eaters in the family, and nothing on the set menu they like? A carvery is a great choice! Super fast, and options to please everyone. Most carvery restaurants will have a selection of meats, vegetables, trimmings and sauces to please even the fussiest of eaters.

CHRISTMAS DRINKS

Don't feel like having to drive or fancy a few drinks with your meal? Choose somewhere close by and take a taxi! There are plenty of taxi services who operate on Christmas Day and will get you to and from your location, so you can enjoy a cheeky drink or two.

DON'T FANCY THE TRADITIONAL TURKEY DINNER THIS YEAR?

Most restaurants that open on Christmas Day will offer different options, such as a festive nut roast, a vegetable gnocchi, or a salmon dish. Check before booking if restaurants are able to cater for dietary requirements such as gluten free, or if they have vegetarian, vegan or pescatarian options.

THE BENEFITS OF GOING OUT FOR CHRISTMAS LUNCH!

Not everyone has the space at home to cook for the entire family, so by eating out, large families can be together at Christmas. The more, the merrier! Another obvious benefit is that there is no cooking or cleaning up! A totally stress free and relaxing Christmas lunch experience. It is often a misconception that Christmas lunch out is too expensive, when in reality the quality of food and the service being received is a fantastic deal! 3 course meals with a drink included can range anywhere in between the £20 - £60 mark, so there is an option that suits everywhere. Most children's portions are affordable too!

Another fantastic benefit is that not everyone has to have the same thing. Dad likes turkey but Auntie Rachel loves beef? No problem when eating out with a range of different starters, mains and desserts, everyone is happy!

SUN INN @ CROOK
ARRIVE AS A CUSTOMER, LEAVE AS A FRIEND



Children aged under 12 1/2 PRICE and
under 2's FREE OF CHARGE

Festive menu available every
day through December
excluding Christmas Day,
Lunch and Dinner.

Ring to book.

£5 OFF

voucher for January*

*minimum spend £15 at lunch and
£25 at dinner, bring voucher to redeem

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WE HAVE SOME GREAT OFFERS AVAILABLE EVERY DAY OF THE WEEK...

Kids eat free Monday to Friday 5pm to 6pm.

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Leave the car and have some lunch and a walk.

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Phone: 01539 821351

DOGS ARE MORE
THAN WELCOME



Celebrate this Christmas at
The Stork
AT CONDER GREEN
TRADITIONAL COUNTRY INN



2016 Festive Menu

Served from 1st - 24th December

2 courses £14.95

3 courses £18.95

Parties of 8 or more need to pre-order with a
non-refundable deposit of £5 per person.

Corricks Lane, Conder Green
Lancaster, LA2 0AN
Telephone: **01524 751234**



Enjoy a traditional Christmas with us

Available until 17th December Lunch 12-2pm - £19.95, Evening 6-8.30pm - £24.95
Please see our website to view our festive menu

Sawrey House Hotel Near Sawrey, Ambleside LA22 0LF | Tel: 015394 36387 | www.sawreyhouse.com



Christmas
throughout December

BEECH HILL
HOTEL
on Lake Windermere

Saturday 3rd & Friday 9th December

This festive season why don't you kick back, relax and have yourself a very Merry Christmas on one of our Party Nights. Your evening starts with a glass of champagne then is followed with a festive four course Christmas meal. Throughout dinner you will be amazed with magic from our very talented resident magician. Then it's time to put on your dancing shoes for a night of festive fun, with the amazing duo 'The Distance' who will entertain you with their arrangement of popular party tunes, this will soon have you rocking around the Christmas tree.

All our party nights are fully inclusive of the following:

- Glass of bubbly and canapés per person on arrival
- 4 course festive menu • Festive party novelties
- Music till 12.30am

£30 per person

LATE AVAILABILITY OFFER.

Accommodation from £69
per room, per night,
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Festive Dinners & Lunches

From 1st December until 23rd December
The ideal alternative for those who want to celebrate but in a more relaxed setting.

Includes all of the items included in the Traditional Party Nights with the exception of the Disco.

From £16.50

wedding showcase

WED 14TH DEC, 4.30PM - 8PM

Join us at our Wedding Showcase Evening where you will have an exclusive opportunity to experience Lancaster's premier wedding venue.



Lancaster House, Green Lane, Elles, Lancaster LA1 4GJ | 01524 844822

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Christmas Beer & Drinks Fest at



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HOTEL and FREEHOUSE
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Friday,
Saturday
& Sunday
2nd, 3rd &
4th Dec
12pm - 12am

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OUR FOURTH CHRISTMAS
BEER & DRINKS FEST WITH
A WIDE RANGE OF SEASONAL
HAND PULLED ALES FROM
AROUND THE COUNTRY, MULLED
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TRADITIONAL FESTIVE DRINKS.

Come along and help us celebrate our
20 YEARS OF OPENING,
enjoy special offers over the weekend.

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Festive Afternoon Tea

Join us for Afternoon Tea throughout December served in the Sun Terrace with spectacular views across Morecambe to the Lake District Fells. The Midland Festive Afternoon Tea combines several varieties of tea and a delicious menu to make for a truly memorable experience.

£19.50pp

Festive lunches available throughout December
2 courses £21.95 and 3 courses £24.95.



The Midland, Marine Road West, Morecambe, LA4 4BU, **01524 424000**



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CHRISTMAS FAYRE

Available 1st - 24th December

Roasted Butternut Squash Soup with Watercress Cream

Chicken Liver Pâté with Cumberland Sauce

Pear, Walnut and Stilton Salad

Traditional Prawn Cocktail

Roast Cumbrian Turkey with all the Trimmings

Roast Topside Beef with Yorkshire Pudding

Fresh Scottish Salmon en Croûte
with a Creamy Tarragon Sauce

Wild Mushroom and Chestnut Filo Parcels
served with Red Onion Gravy

All served with Roasted and Boiled Potatoes,
Carrot and Swede Puree and Brussels Sprouts

Christmas Pudding with Rum Sauce
Sherry Trifle

Individual Raspberry Pavlova and White Chocolate Sauce

Fruits of the Forest Cheesecake

Filter Coffee and Mince Pie

£17.95 per person. Bookings only.



CHRISTMAS EVENTS 2016

NOVEMBER

19

Ambleside Christmas Lights
10.00am Ambleside Town

20

Christmas Lights Switch on
Market Square, Lancaster
Cockermouth Christmas Lights Switch On
2.00pm - 6.00pm Main Street, Cockermouth

25
UNTIL
27

Lancaster Brewery Christmas Market
3pm Lancaster Brewery, Lancaster

26

Christmas on the Crescent
12.00pm - 5.00pm Princes Crescent, Bare
Christmas Fair
Robin Lane, High Bentham
Bare Village Christmas Craft Fair
10.00am St Christopher's Church Hall, Bare

26
UNTIL
27

Dickensian Christmas Festival
Ulverston

27

Christmas Festival
Festival Market, Morecambe
Rampside Village Christmas Craft Fair
12.00pm-4.00pm Rampside Village Hall, Barrow-in-Furness
Kendal Christmas Lights Switch On
2.00pm Stricklandgate, Kendal

28

Garstang Christmas Lights Switch On
4.45pm Market Square, Garstang

30

West End Lantern Festival
6.00pm More Music, Morecambe

DECEMBER

1

Garstang Christmas Craft Fair
Garstang Arts Centre,
Croston Road, Garstang

3

Grange Christmas Lights Switch On
6.00pm Yewbarrow Terrace, Grange over Sands
Windermere Christmas Lights
11.00am St Herberts Church Hall, Queens Park
and Town Centre

3
UNTIL
4

Hawkshead Christmas Fair
10.00am Hawkshead Village

7

**Winter Lantern Festival
with More Music Morecambe**
6.00pm

8
UNTIL
10

Christmas Tree Festival
Morecambe Parish Church

9

GA Musical Christmas
7.30pm-10pm.The Forum, Duke Street,
Barrow in Furness

16

Carols at The Coro.
7.00pm Coronation Hall, Ulverston

17

Morecambe Band Christmas Concert
7.00pm The Platform

17
UNTIL
18

Christmas at the Castle
Lancaster Castle

18

Santa Saves Christmas
Childs pantomime. The Platform



FESTIVE CELEBRATIONS AT CASTLE GREEN

Sunday Lunch with Santa

Sunday 11th December

Enjoy an afternoon with local entertainer Stu-di-doo with great food for children, mums and dads as we await Santa's arrival with a sack full of presents.

Adults £21 per person,
Children £11.50 (including gift)

Christmas Party Nights

Places available from £30 per person

For more information visit our website

Festive dining in the Greenhouse or Alexanders

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From £17 per person
for three courses.

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CHRISTMAS PARTY 2016
DECEMBER NIGHTS 16

FRIDAY 2ND - LIVE BAND - RUSTY BULLETS
SATURDAY 3RD - CASINO NIGHT
FRIDAY 9TH - BRUNO MARS TRIBUTE **BOOK NOW!**
SATURDAY 10TH & FRIDAY 16TH - DJ DAVE
WEDNESDAY 21ST & THURSDAY 22ND - PHOTOBOTH

Indulge This Christmas....

FESTIVE LUNCHES FROM £14.95
served 12.00 - 2.00 pm in our restaurant | 2 or 3 courses | booking essential

WINTER WARMERS £10.50
served 12.00 - 6.00 pm in our cosy lounges and bar

INDULGENT AFTERNOON TEA
served 3.00 pm - 2.00 pm | £15.00 per person | booking essential

NEW YEARS EVE DINNER
places still available

SANTA AT THE FOREST
CHRISTMAS DONKEYS | BONGO BALLOONS | SAND ART | MICKEY & MINNIE MOUSE | CRAFT TABLE & MANY MORE...
SATURDAY 4TH DECEMBER £10.00 PER CHILD BOOKING IS ESSENTIAL

Wedding Fair

SUNDAY 29TH JANUARY 2017

11.00 AM - 4.00 PM | FREE ENTRY | OPEN TO EVERYONE |
| COMPLIMENTARY RECEPTION DRINK |
| CANAPE SERVINGS THROUGH THE DAY |

Complimentary Glass of Prosecco

when purchasing an Indulgent Afternoon Tea throughout January and February 2017 | served from 3.00 pm - 5.00 pm | £15.00 per person | not to be used in conjunction with any other offer | voucher must be presented to receive offer



National
Trust

Christmas lunch in the Sizergh Café

25 Nov - 24 Dec, 11.45am - 2pm

Starter

Soup of the day with your choice of cheese scone or country grain roll



Main course

Traditional roast turkey with all the trimmings or Butternut squash, red onion and blue cheese filo tartlet (v)



Dessert

Christmas pudding finished with brandy sauce or Tarte au citron (v) with a winter berry compote and chantilly cream

To finish

Your choice of freshly brewed tea or coffee and a mince pie

No booking required

Two Courses £16.95

Three Courses £19.95

Sizergh, nr Kendal, LA8 8DZ



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Registered charity number 205846
Christmas Lunch photos by Sammie Strickland.

nationaltrust.org.uk/sizergh

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